

LEAH FRIEDMAN SPOHN

MA, ATR

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COMMUNICATION, RELATIONAL & GROUP DYNAMICS IN THE WORKPLACE

Profile

I am a trainer, facilitator and specialist in interpersonal communication, workplace relations, skills mapping, and group dynamics. My background blends professional counsel and creative problem solving with skills assessment and retention expertise. Trained in mindfulness, visual literacy, and psychology, I have cultivated exceptional communication skills supporting strong individual performance, efficient management strategies and group dynamics to enhance productivity. Working with others, I brings insight, humor, enthusiasm, and optimism to all of my projects.

I received my Masters degree in Transpersonal Counseling Psychology with a concentration in Art Therapy from Naropa University. Transitioning to a staff and faculty role, I carefully balanced the fast pace and multifaceted needs and of students and faculty. I managed many details of the rigorous graduate training program including advising, admissions, community outreach and curricular development. My experience teaching and overseeing the admissions process has given me exceptional organizational and interviewing skills. I was responsible for selecting candidates who could thrive in graduate studies and eventually be therapists for the waiting public.

I ran a successful small business working with adults and couples of all ages. I am outgoing, organized and have a keen eye for detail. Remembering what is important in the lives of others I am attentive, compassionate and practical.

Experience

Naropa University Boulder, CO, 2005-Present

- Admissions Coordinator — Organized outreach and recruitment of prospective students, read high volumes of applications and screened candidates, wrote interview procedure manual and questions, oversaw interview process and selected from a competitive pool of candidates.
- Graduate Instructor — Taught key courses within a three year graduate MA in transpersonal counseling psychology with a concentration in art therapy.
- Art Therapy Academic Advisor — Provided students with ongoing support, counsel and guidance during their journey through graduate school.
- Curriculum Development — Writing and development of syllabi, catalog copy and course content for classes developed for curriculum.

Psychotherapy Practice (Private) Boulder, CO, 2005-2012

Provide private counseling, art therapy and EMDR to adult individuals, couples and adolescents.

Art Therapist 1997-2005

- National Jewish Health Hospital, Denver, CO — pediatric patients
- University Hospitals, Cleveland, OH — in-patient units
- Health Hill Hospital, Cleveland, OH — inpatient and rehabilitation units
- St. Vrain School District, Dacona, CO — homeless children
- Project Self-Sufficiency, Boulder, CO — single mothers
- Access Counseling, Boulder, CO — adult individuals
- Community Art Studio, Boulder, CO — aphasia victims and teens
- Leo Yassenoff Jewish Community Center, Columbus, OH
- In-Home ABA Care, Columbus, OH

Education

Capital University, Columbus, OH — Bachelor of Arts, 2001

Major: Art Therapy, Minors: Psychology, Religion, Philosophy

Naropa University, Boulder, CO — Master of Arts, 2005

Transpersonal Counseling Psychology / Art Therapy